

You received your flu shot this year but, did your child receive his/hers? Last year, we saw the peak of flu season around mid-January. Keep in mind that immunity usually takes about 2 weeks to develop after the vaccine is given. Therefore, getting the flu shot as soon as possible is ideal for keeping you and your child healthy this flu season! It's not too late to protect your child from the flu this season!

The Hocking County Health Department is offering the quadrivalent flu vaccine this year for children and adults. This means that vaccine contains four different strains or types of the flu virus as opposed to only three. The health department is providing flu shots on a walk-in basis from 8am to 4pm, Monday through Friday and flu shots for children are FREE. Christmas break will be a good opportunity for parents to get children in for their flu shots.

It is recommended that children six months and older receive the flu vaccine yearly (unless otherwise suggested by his/her pediatrician.) Children six months and younger are not recommended to receive the flu vaccine. To protect infants of these ages, it is recommended that anyone who may come into contact with children younger than 6 months of age become vaccinated against the flu (such as parents, siblings, grandparents, or caregivers.)

If you have any questions, please feel free to call the Hocking County Health Department at 740.385.3030.